

harmony SCHOOL™

by re-mom

A PROGRAM FOR CREATING HARMONY IN THE HOME

DESIGN YOUR HOME TO

DISMANTLE DEFAULT PARENTING
AUTOMATE HOUSEHOLD CHORES
INCREASE EQUITABLE PARTICIPATION
REDUCE THE MENTAL LOAD

Welcome to **Harmony School™**:
a solution-focused program for
partners looking to build a healthy
and simple division of home
responsibilities for increased
harmony in the home.

Harmony School is a *program for partners* who
want a more equitable balance between
partner participation and contribution in the
home. A hands-on experience, each couple
receives real-time coaching to produce a
Partner Plan™ – a bespoke accountability plan
to design and achieve harmony customized to
each home.

Each couple will receive a complimentary
follow up coaching session with re-mom post-
program.

Program Includes:
3 Workshop-style sessions
1 post-implementation coaching session
Investment: \$529 CAD + HST

get started at re-mom.com/harmonyschool