

harmony SCHOOL™

by re-mom

A PROGRAM FOR CREATING HARMONY IN THE HOME



DESIGN YOUR HOME TO
DISMANTLE DEFAULT PARENTING
AUTOMATE HOUSEHOLD CHORES
INCREASE EQUITABLE PARTICIPATION
REDUCE THE MENTAL LOAD

Welcome to **Harmony School™**:
a solution-focused program for
partners looking to build a healthy
and simple division of home
responsibilities for increased
harmony in the home.

Harmony School is a *program for partners* who want a more equitable balance between partner participation and contribution in the home. A hands-on experience, each couple receives real-time coaching to produce a Partner Plan™ – a bespoke accountability plan to design and achieve harmony customized to each home.

Each couple will receive a complimentary follow up coaching session with re-mom post-program.



Program Includes:
3 Workshop-style sessions
1 post-implementation coaching session
Investment: \$529 CAD + HST

get started at re-mom.com/harmonyschool