

harmony SCHOOL™

by re-mom

A PROGRAM FOR CREATING HARMONY IN THE HOME

DESIGN YOUR HOME TO

**DISMANTLE DEFAULT PARENTING
AUTOMATE HOUSEHOLD CHORES
INCREASE EQUITABLE PARTICIPATION
REDUCE THE MENTAL LOAD**

Welcome to Harmony School™, a solution-focused virtual program for partners looking to build a healthy and simple division of home responsibilities for increased harmony in the home.

Our Harmony School™ e-course takes couples through 4 self-paced modules designed to assess and change your home harmony equation, dismantle default parenting, and redistribute home and childcare duties more evenly in your home.

Investment: \$179 CAD + HST
get started at re-mom.com/harmonyschool